



www.gogorunning.com

- When:** Saturday, May 17th, 2014 – Rome, GA
- Where:** Redmond Road: 501 Redmond Rd NW, Rome, GA 30165
- Race Start:** 1 Mile starts at 9 am – 5k Salvation Army Health Run starts at 8am
- Registration Fee:** **Register at www.gogorunning.com**
1Mile: \$15 through [5/03/2014] 5k: \$20 through [5/03/2014]
\$20 – [3/30/2014] through Packet Pickup \$25 – [3/30/2014] through Packet Pickup
\$25 – Race Day \$30 – Race Day
- Proceeds to Benefit:** Salvation Army
- Early Packet Pickup** May 16th from 10am – 7pm at GoGoRunning and Tennis (717 E 2nd Ave, Rome GA 30161)
May 16th at the start line (7:50am – 8:50am)
- T-Shirts:** Short Sleeve T-Shirt
- Donate:** I would like to donate \$ _____ Donations of \$25 and greater get a free T-Shirt
- Awards:** 1 Mile: Overall: 1st, 2nd, 3rd (M&F); Masters: 1st (M&F)
1 Mile Age Group: Awards will be given to the top three Male & Female participants in each age bracket.
0-10, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, and 70+.
5K: While the 5k is a fun run with no awards, it will be timed.

ATTENTION: Please read carefully and print all information. Waiver must be signed. If under 18 years of age, applicant must have signature of parent or guardian in addition to his/her own. Illegible or incomplete entries will not be accepted. No refunds. Race will be held rain or shine. For information regarding, results, baby joggers, pets, and other frequently asked questions, please see www.gogorunning.com

The Roman Road Mile: May 17, 2014

Must be postmarked by May 3rd for pre-registration, Checks payable to: GoGoRunning
Mail Entry Form To: GoGoRunning, 34 Cornerstone Drive, Rome, GA 30165

Name: _____ Age on 2/14/14: _____ Date of Birth: _____ Gender: M ___ F ___

Best 1 Mile Time _____ Circle one: **1 Mile (sub 7 min)** OR **1 Mile (7+ min)** OR **5k Health Run**

Address: _____ City: _____ State: ___ Zip: _____

Phone: (____) _____ E-mail: _____

Shirt Size: YS ___ YM ___ YL ___ S ___ M ___ L ___ XL ___ XXL ___ XXXL ___

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter or run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including but not limited to: falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the route, all such risks

permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. I certify that I am 18 years of age or older, or that I am the Parent/Guardian of the entrant and am granting permission for him/her to participate.

Signature _____ Date _____ Parent/Guardian (If under 18) _____ Date _____